



答案

Unit 1

Section A

轻松启航

- I. 1. 报请批准 2. 需要帮助的  
3. 主动提出做某事 4. 继续做某事  
5. 做某事有困难 6. voluntary work  
7. suffer from 8. raise one's spirits  
9. in order to 10. be in good health
- II. 1. raise 2. serious 3. pain 4. organize  
5. disabled 6. express 7. peace  
8. courage 9. friendship 10. hurt
- III. 1. C 2. A 3. B 4. C 5. D 6. C 7. A  
8. D 9. A 10. B

能力提速

- I. 1. disabled 2. teenagers 3. organizing  
4. communities 5. to go 6. to study  
7. permission 8. to remind 9. to teach  
10. courage
- II. 1. C 2. C 3. A 4. B 5. B

Section B

轻松启航

- I. 1. make friends with 2. take part in  
3. used to do sth. 4. take a photo of  
5. decide to do sth. 6. 兴高采烈地  
7. 过去常常做某事 8. 将来  
9. 与某人一起度过时光  
10. 表达某人的感情
- II. 1. C 2. A 3. C 4. D 5. B
- III. 1. In order to 2. continued to  
3. raise his spirits 4. is unable to  
5. suffered from
- IV. 1. in order to 2. in need  
3. raise our spirits 4. ask permission  
5. suffer from

能力提速

- I. 1. to bring 2. stay 3. illness 4. finding

5. to help 6. friendship 7. reminded  
8. doing 9. to teach 10. go

- II. 1. B 2. A 3. D 4. A 5. A 6. C 7. B  
8. D 9. A 10. B

- III. 1. Can you help me  
2. What should we do to improve it  
3. What else  
4. Do you like listening to tapes  
5. You're welcome

Self Check

- I. 1. B 2. B 3. D 4. B 5. A 6. A 7. A  
8. B 9. B 10. C

- II. 1. do something to help others  
2. Her dad  
3. Yes, she did  
4. friendly and helpful  
5. three/3 months

- III. 1. school 2. lessons 3. difficult  
4. quietly 5. eat 6. (to) improve  
7. organized 8. problems 9. special  
10. communication

- IV. 1. What's the matter?  
2. When did it start?  
3. Well, let me have a look at it.  
4. Take this medicine—four times a day.  
5. If it still hurts by Friday, come back and see me.

V. One possible version:

Dear Mr. Green,

I'm Sun Xin from No. 2 Middle School. I want to help out as a volunteer in your program. The reason is that I'm interested in other countries and their cultures and want to make new friends with people from other countries. I'm good at English and I'm outgoing. What's more, I'm always ready to help others. I think that is important for a



volunteer. I'm free to help on the weekend.  
If I can get the job, I'm sure I can be a great helper.

Yours,  
Sun Xin

## Unit 2

### Section A

#### 轻松启航

- I. 1. body language 2. take place  
3. make a good impression on sb.  
4. remind sb. about sth. 5. sit up straight  
6. 代替 7. 仔细考虑 8. 向下看  
9. 交叉双臂 10. 点头
- II. 1. accept 2. part-time 3. gestures  
4. bored 5. languages 6. shaking  
7. expression 8. appearance  
9. well-dressed 10. necks
- III. 1. B 2. D 3. D 4. C 5. A 6. A 7. A  
8. B 9. A 10. A

#### 能力提速

- I. 1. speaking 2. to turn 3. going  
4. taking 5. eating 6. illness  
7. to express 8. skiing 9. closing  
10. buy
- II. 1. body language  
2. make a good impression on  
3. took place  
4. to sit up straight  
5. remind him about
- III. 1. biting 2. explain 3. excitement  
4. start 5. feel 6. bad 7. grow  
8. ways 9. less 10. Doing

### Section B

#### 轻松启航

- I. 1. 对……感兴趣 2. 早年,在很小的时候  
3. 提醒某人某事 4. 昂首,抬起头来  
5. 走开 6. shake one's head  
7. shake hands 8. communicate with sb.  
9. had better do sth. 10. a bit far away
- II. 1. D 2. B 3. A 4. B 5. A 6. C  
7. A 8. B 9. B 10. C

#### 能力提速

- I. 1. walking 2. memorize 3. closing  
4. sending; writing 5. studies; will fail

- II. 1. D 2. A 3. D 4. B 5. D

### Self Check

- I. 1. D 2. C 3. D 4. A 5. A 6. B 7. B  
8. D
- II. 1. C 2. B 3. A 4. B 5. C 6. C 7. B  
8. B 9. C 10. B
- III. 1. B 2. D 3. C 4. A 5. A
- IV. 1. Yes, I do. That sounds good.  
2. How about documentaries?  
3. How about you?  
4. So what kind of movies do you like?  
5. You do?

#### V. One possible version:

Dear David,

How are you recently? I have got a solution to your problem with communication. You should improve your body language and make a good impression on others. First, keep smiling when you are with people. The friendly expression will make people feel closer to you. Second, keep eye contacts to create a better communication with people around you. Third, when they are talking, don't forget to nod your head once in a while to show that you are listening. At last, stand straight, keep your head up and relax your body. Those postures will make you look less nervous, and help you express yourself more confidently.

Best wishes!

Yours,  
Li Hua

## Unit 3

### Section A

#### 轻松启航

- I. 1. 出发;动身 2. 到达(某数量/程度等)  
3. 在……周围系上 4. 一直;始终  
5. 下潜 6. take care 7. paper cutting  
8. bring...back 9. up and down  
10. no more
- II. 1. Although 2. attract 3. practice  
4. description 5. floating 6. dived/dove  
7. tools 8. healthy/fit



- III. 1. B 2. D 3. C 4. D 5. B 6. C  
 IV. 1. will be held 2. give me a description  
 3. Are; ready for 4. requires  
 5. is good for

#### 能力提速

- I. 1. C 2. B 3. A 4. D 5. B 6. A 7. A  
 8. D 9. C 10. B  
 II. 1. How was your weekend?  
 2. What did you do on the weekend?  
 3. I went to watch a shadow puppet play with my parents.  
 4. What do you think of it?  
 5. How about you?

#### Section B

#### 轻松启航

- I. 1. 使……成为 2. 张贴 3. 皮影戏  
 4. 剪纸 5. break off the egg 6. bring up  
 7. keep warm 8. millions of  
 II. 1. A 2. C 3. C 4. A 5. B 6. D 7. B  
 8. D  
 III. 1. was built 2. were used 3. am made to  
 4. Was this bike bought 5. was told to  
 6. was beaten by

#### 能力提速

- I. 1. A 2. C 3. B 4. B 5. C  
 II. 1. slowly 2. appear 3. owner 4. popular  
 5. was taken 6. favourite 7. was considered  
 8. eaten 9. her 10. rest

#### Self Check

- I. 1. B 2. C 3. A 4. A 5. B  
 II. 1. send up 2. rise into 3. turns 4. put  
 5. celebrate 6. covered with  
 III. 1. B 2. A 3. D 4. B  
 IV. One possible version:  
 Dear Eric,

You wanted to know about Chinese paper cutting. Here I'm glad to tell you something about it.

Chinese paper cutting has a long history of over 2,000 years. It can be seen in different parts of China. Many people, no matter young or old, are fond of it. People in northern part of China do well in making paper cutting. People cut paper into different

shapes, like birds, animals, flowers and so on. I think Chinese paper cutting are not only beautiful but also very useful. People usually put them on doors or windows when they celebrate something happy, especially for the Spring Festival. More and more people are interested in it.

I hope you'll come to China to see more Chinese paper cutting one day.

Best wishes!

Yours,  
 Li Ming

### Unit 4

#### Section A

#### 轻松启航

- I. 1. 连环漫画 2. (眼睛)张大;睁大  
 3. 决定;选定 4. 摄像机 5. role-play  
 6. basic idea  
 II. 1. B 2. A 3. C 4. C 5. C 6. B  
 III. 1. programs 2. thought 3. basic 4. stage  
 5. separately 6. playing 7. record  
 8. symbol  
 IV. 1. should be 2. matches 3. decide on  
 4. a video camera 5. a comic strip

#### 能力提速

- I. 1. C 2. A 3. A 4. D 5. B 6. B 7. D  
 8. C 9. B 10. D  
 II. 1. I'd like to have your advice.  
 2. It's good, but I have one suggestion.  
 3. You should write about your education first.  
 4. I suppose you're right.  
 5. But you should say something about your family, too.

#### Section B

#### 轻松启航

- I. 1. 同……比赛 2. 救生衣 3. 天气预报  
 4. 获得成功 5. thank goodness  
 6. in trouble 7. laugh at 8. be full of  
 II. 1. scored 2. island 3. star 4. storm  
 5. team  
 III. 1. C 2. C 3. A 4. B 5. A  
 IV. 1. should be surprised 2. has been finished  
 3. have a look 4. in trouble



5. Thank goodness 6. weather forecast

### 能力提速

I. 1. C 2. A 3. C 4. A 5. A 6. D 7. A  
8. D 9. B 10. C

II. 1. A 2. D 3. C 4. A 5. B

### Self Check

I. 1. C 2. A 3. B 4. C 5. A 6. C 7. B  
8. A

II. 1. B 2. B 3. A 4. C 5. C 6. B 7. D  
8. C 9. A 10. D

III. 1. A 2. D 3. B 4. B 5. C

IV. One possible version:

### My Favourite Cartoon Film

My favourite cartoon film is *Finding Nemo*. It's a story of the father clownfish and his son. The story takes place in Australia. Nemo and his father live happily in the sea. One day, a fishing boat takes Nemo away. So his father Marlin decides to look for Nemo. In the end, he saves his son. The best part of the film is the music. It sounds great. Many people think the story is interesting and Nemo is so lovely that it wins the hearts of many children.

## Unit 5

### Section A

#### 轻松启航

I. 1. cut down 2. at birth 3. in the wild  
4. close to 5. 独自 6. 事实档案  
7. 对……造成问题(麻烦) 8. 多达;高达

II. 1. bamboo 2. cruel 3. adults 4. birth  
5. weigh 6. organization

III. 1. C 2. D 3. A 4. C 5. D 6. B 7. B  
8. C

IV. 1. Central and Western China

2. living on their own; in large groups
3. endangered animals
4. kind to help us
5. in the wild; up to

#### 能力提速

I. 1. to keep 2. real 3. look after  
4. wild 5. suffer 6. danger 7. fair  
8. freely 9. are used to 10. standing

II. 1. fifteen/15 years 2. solitary

3. small mammals such as zebras, monkeys  
and antelopes

4. wait and catch small animals

5. they kill them for their beautiful coats

### Section B

#### 轻松启航

I. 1. the hunting of endangered animals

2. fly away 3. day and night

4. in memory of... 5. 英年早逝 6. 掉入

7. 引起麻烦, 造成问题

8. 与自然和谐共处

II. 1. B 2. D 3. B 4. C 5. A 6. B 7. D  
8. D

III. 1. for 2. for 3. on 4. of 5. of

IV. 1. more than; eating

2. cruel of some people

3. An adult rabbit; without

4. in memory of

5. close to

#### 能力提速

I. 1. was set 2. famous 3. special 4. need  
5. language 6. black 7. designed  
8. shown 9. changed 10. Nature

II. 1. I'm reading a report about endangered  
animals.

2. Why could such kind of things happen?

3. Why don't we do something to stop it?

4. But what should we do?

5. We can also set up an Animals Protection  
Organization.

III. 1. B 2. C 3. A 4. B 5. A 6. D 7. C  
8. A 9. B 10. D

### Self Check

I. 1. B 2. A 3. D 4. C 5. D 6. B 7. A  
8. D

II. 1. B 2. B 3. A 4. A 5. B 6. C 7. A  
8. C 9. A 10. D

III. One possible version:

Dear editor,

I want to tell you something about wild animals. There are a lot of wild animals living on the same earth with us. They are our friends and neighbours. One of them is the



tiger. Now the number of them is becoming smaller and smaller. One reason is that people cut down many trees and they have nowhere to live. Second, someone killed tigers and sold their fur to make money. They must be punished. I think it's our duty to protect the wild animals. Let's try our best to make a happy home for human beings and animals.

Yours sincerely,  
Li Ping

## Unit 6

### Section A

#### 轻松启航

- I. 1. 根据 2. 四处自由走动 3. 遛狗  
4. 更为重要的是  
5. have no choice but to... 6. stop...from...  
7. be faithful to... 8. lie around
- II. 1. chocolate 2. cute/lovely  
3. responsibility 4. strangers 5. heart  
6. faithful 7. common 8. sofa
- III. 1. C 2. B 3. A 4. D 5. B 6. A 7. B  
8. A
- IV. 1. had no choice; to be  
2. a lot of attention  
3. common; to own  
4. Keeping pets  
5. make mistakes; patiently

#### 能力提升

- I. 1. a little later  
2. works harder  
3. Who runs (the) fastest  
4. much more slowly  
5. (the) farthest
- II. 1. Do you keep/have pets/(a) pet dog(s)  
at home  
2. Why do you call him Star  
3. What is Star like/What do you think of  
Star  
4. What happened (to Star) then/next  
5. What a silly dog/I think it's (a) silly  
(dog)/I don't think it's (a) clever (dog)
- III. 1. D 2. A 3. B 4. C 5. D 6. B 7. C  
8. C 9. A 10. A

### Section B

#### 轻松启航

- I. 1. A 2. D 3. B 4. C 5. D 6. D
- II. 1. love me, love my dog 2. care for  
3. take good care of... 4. the rest of my life  
5. 死于心脏病发作 6. 把……抱在怀中  
7. 持续不断地做…… 8. 提出投诉
- III. 1. make the best pets  
2. made a complaint about  
3. gives his opinions on  
4. the most faithfully  
5. more than
- IV. 1. Can I help you?  
2. What's the problem?  
3. I'm sorry about that.  
4. What will you do with them?  
5. I hope you'll have a good sleep at night.

#### 能力提升

- I. 1. their 2. years 3. rest 4. eat  
5. playing 6. friendly 7. keep/have  
8. has/keeps 9. quickly 10. noisy
- II. 1. C 2. D 3. A 4. D 5. B

### Self Check

- I. 1. C 2. D 3. C 4. A 5. A 6. B
- II. 1. stopped from  
2. What's more; is/was faithful to  
3. kept on working 4. died of  
5. responded to
- III. 1. went 2. found 3. broken 4. animals  
5. owner 6. carefully 7. put 8. wrote  
9. thanked 10. babies
- IV. 1. C 2. D 3. D 4. B 5. A 6. C 7. B  
8. C 9. A 10. A
- V. 1. 240 million 2. dangerous 3. afraid  
4. up to 70 years old 5. red
- VI. One possible version:

#### My Opinions on Keeping Pets

Nowadays, many families have a dog or a cat as a pet. Some people think that pets are good and helpful companies. Some of them even think that animals are more faithful than humans. Some old people like keeping pets because they are always feeling lonely at home and they see the cats or dogs



as their partner.

But some other people do not like pets. They say that animals are noisy, dirty and dangerous. They think the government should stop people from keeping pets in cities and towns.

In my opinion, pets are faithful friends that will never betray us. Staying with pets, we shall enjoy happiness and feel relaxed. What's more, keeping pets helps people to reduce loneliness and forget their unpleasant things.

## Unit 7

### Section A

#### 轻松启航

- I. 1. keep quiet 2. three knives  
3. 收到一封电子邮件 4. 尽快  
5. 画一些线条

- II. 1. A 2. B 3. B 4. B 5. A

- III. A. 1. astronaut 2. desert 3. tent  
B. 4. crash 5. bushes 6. explore 7. loud  
8. unknown

#### 能力提速

- I. 1. kept quiet 2. marks 3. to make a noise  
4. Thousands of 5. pleased  
II. 1. refused to answer 2. spread their wings  
3. in fear 4. was damaged  
5. receive a gift  
III. 1. C 2. C 3. B 4. D 5. C 6. C 7. B  
8. C 9. B 10. C

### Section B

#### 轻松启航

- I. 1. C 2. A 3. A 4. C 5. B  
II. 1. landing 2. Suddenly 3. frightened  
4. astronauts 5. discovered  
III. 1. Did you enjoy the book?  
2. Why? I know you are good at English.  
3. Yes, they are really small.  
4. Another English storybook?  
5. How about this one?

#### 能力提速

- I. 1. teaching 2. lying 3. to climb  
4. aliens 5. really

- II. 1. what are you doing  
2. What is the book about/What's it about  
3. I disagree with you/I don't agree with you  
4. I still doubt it  
5. Let's have lunch together.

- III. 1. B 2. A 3. A 4. B 5. A

### Self Check

- I. 1. a UFO 2. three astronauts  
3. as soon as possible 4. 收集碎片  
5. 一个很大的声响  
II. 1. feathers 2. reading a book quietly  
3. my favourite 4. happened  
5. disagree with  
III. 1. C 2. D 3. A 4. B 5. A  
IV. 1. presidents 2. visited 3. Is 4. voice  
5. began 6. her 7. surprised 8. quietly  
9. hand 10. soldier's  
V. One possible version:

Hello, everyone! I'm glad to share with you my favourite science fiction.

Of all the science fictions, I like *Independence Day* best. It's a great American movie. Will Smith is the main actor of the movie. And the movie won Oscar Award in 1997. The movie is about how the people on the earth fought against aliens. At the beginning of the movie, the aliens began to invade the earth. Then with the help of an old spaceship left by the aliens many years ago, people on the earth started to fight back bravely. Finally, they beat the aliens.

I want to be a scientist when I grow up, and I hope to explore space one day.

## Unit 8

### Section A

#### 轻松启航

- I. 1. 在互联网上 2. 使……与……相混合  
3. 保持联系 4. 片刻, 瞬间  
5. 以这种方式 6. in the shape of  
7. prepare for 8. at the front  
9. in the present 10. instead of  
II. 1. Internet 2. apology 3. post 4. mixed  
5. relax 6. satisfies 7. excuse

8. technology 9. forever 10. wide  
 III. 1. B 2. C 3. A 4. B 5. C 6. D 7. C  
 8. D 9. C 10. B

### 能力提速

- I. 1. was watching 2. were; doing; was driving  
 3. was walking 4. recently 5. were sitting  
 6. Was; having 7. am helping 8. will be  
 9. playing 10. Were; talking  
 II. 1. 25 years old  
 2. Tim Berners-Lee  
 3. read news, buy things, make friends and  
 learn anything we're interested in  
 4. Yes, it will  
 5. Our personal information

### Section B

### 轻松启航

- I. 1. 独自 2. 保持安静 3. 出生时  
 4. 接近 5. 阻止某人做某事  
 6. as soon as possible 7. What's more  
 8. remind sb. about sth. 9. up and down  
 10. make it  
 II. 1. B 2. C 3. D 4. A 5. B  
 III. 1. shape 2. preparing 3. Certainly  
 4. while 5. technology 6. present 7. past  
 8. posts 9. recently 10. electronic  
 IV. 1. in the front of  
 2. were preparing for  
 3. in a second  
 4. there will be  
 5. While/When; was shopping

### 能力提速

- I. 1. was raining  
 2. Were; sleeping  
 3. was making; was watching  
 4. were; doing; was preparing  
 5. weren't playing; began  
 II. 1. A 2. B 3. A 4. C  
**Self Check**  
 I. 1. C 2. D 3. D 4. B 5. C  
 II. 1. B 2. A 3. D 4. C 5. A 6. B 7. D  
 8. C 9. B 10. A  
 III. 1. busy 2. lost 3. badly 4. became  
 5. continue 6. missed 7. Suddenly  
 8. him 9. agreed 10. matter

- IV. A) 1. Tell me how it happened.  
 2. Were they watching you?  
 3. What did you do?  
 4. What were they wearing?  
 5. Did you get your money back?  
 B) 1. What about you/How about you/What  
 did you do this morning  
 2. How often do you do chores  
 3. What do you think of doing chores  
 4. I agree with you/ You are right  
 5. What should I do

### V. One possible version:

#### My Future Life

I think my future life will be quite different from the life now. I am good with the children, so I think I'll be a teacher. I'll live in Guangzhou. I'll teach hundreds of students. I will answer the children's questions on the Internet. I'll have many activities with my students on the weekend. I'll have a son or a daughter. So from now on, I need to study hard and then go to a good university.

### Mid-term Exam

- I. 1. A 2. D 3. B 4. C 5. D 6. D 7. C  
 8. C 9. B 10. A  
 II. 1. B 2. C 3. A 4. D 5. A 6. C 7. A  
 8. D 9. B 10. A  
 III. 1. B 2. B 3. A 4. B 5. A 6. D 7. C  
 8. A 9. C 10. A 11. B 12. D 13. C  
 14. C 15. B  
 IV. 1. girls 2. taught 3. stars 4. used  
 5. guessed 6. offering 7. won 8. serious  
 9. first 10. her  
 V. 1. 50 2. too expensive for him  
 3. Nebraska 4. Week 38  
 5. a very beautiful place  
 VI. 1. up and down 2. play against 3. made it  
 4. decided on 5. popped out  
 VII. A) 1. How often do you exercise?  
 2. Do your classmates also exercise every  
 day?  
 3. How many of them in percentage?



4. What do they do after school?

5. What do they like to watch on TV?

B)6. Can I help you/May I help you

7. What's your name, please/ May I have your name please

8. Yes, that's right/Yes, you are right

9. Could I take a dog home this afternoon

10. You are welcome

VIII. One possible version:

### An Educational Trip to America

Last winter, Li Zheng took a seven-day educational trip to Los Angeles, America. He had some great experiences there.

First, he went to visit a local school and had a class on improving memory with the students there. Then, he went sightseeing around the city and asked the local people about how to protect the environment. In the end, he paid a visit to Hollywood and learned something about the history of American cartoons.

Though this educational trip was short and he was tired, he got excited about learning a lot.

### Final Exam

I. 1. B 2. D 3. D 4. D 5. A 6. D 7. B  
8. C 9. D 10. B

II. 1. A 2. C 3. D 4. B 5. D 6. B 7. A  
8. C 9. C 10. D

III. 1. B 2. B 3. A 4. B 5. A 6. C 7. D  
8. D 9. B 10. C 11. B 12. D 13. B  
14. C 15. A

IV. 1. made a good impression 2. in need  
3. as soon as possible 4. in the shape of

5. set off

V. 1. courage 2. written 3. speak 4. sad

5. learn 6. hard-working 7. them

8. become 9. shows 10. difficult

VI. 1. 13 years old 2. in Guangdong

3. how to protect and save themselves in dangerous situations

4. Once a week 5. About 16,000 teenagers

VII. A) 1. How was your vacation?

2. It was warm and sunny.

3. We went to visit them.

4. He looks very kind.

5. That sounds really boring!

B)6. Didn't you sleep well

7. What was it about

8. Who won the match

9. Do you like watching the football match

10. What's your favourite program

VIII. One possible version:

### Pets

Recently, more and more people like to keep pets. Some of them even regard their pets as one of their family members. They say that pets can help them do some useful things and bring them joy and happiness. I also like pets. Pets are our good friends. But I don't think it's good for people to keep so many animals as pets. Why? Because too many pets may cause a lot of problems. For example, if there are more pets on the streets, it's easy for people to get some diseases from them. Sometimes, some pets are dangerous. What's more, keeping pets may cost people lots of time and money.

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