



参 考 答 案

Unit 1 Great explorations

Section A

轻松启航

- | | |
|---------------------------|-----------------|
| I . 1. 传播知识 | 2. 开辟 |
| 3. 建立 | 4. 导致 |
| 5. 被称为 | 6. go on a trip |
| 7. the voyage of | 8. as well as |
| 9. a great fleet of ships | 10. set sail |
| II . 1. repetition | 2. discovery |
| 3. relations | 4. silk |
| 5. pioneer | 6. peoples |
| 7. foreign | 8. besides |

III . 1 - 5 BCADC

- IV . 1. went on seven voyages 2. opened up
- | | |
|----------------|---------------|
| 3. an explorer | 4. as well as |
| 5. is known as | |

能力提速

- | | |
|---|---------------|
| I . 1. so; that | 2. so; that |
| 3. so; that | 4. too; to |
| 5. enough to | 6. such; that |
| 7. too; to | 8. enough; to |
| II . 1. bridge | 2. started |
| 3. went | 4. carried |
| 5. carrots | 6. was |
| 7. science | 8. shared |
| 9. developed | 10. places |
| III . 1. set sail on | |
| 2. returned with/brought back; for the first time | |
| 3. big enough to | |

4. lead to
5. wealth

Section B

轻松启航

- | | |
|-----------------|-----------------------|
| I . 1. 探索世界 | 2. 坐牢 |
| 3. 《马可波罗游记》 | 4. 在如今的意大利 |
| 5. 我没太听懂你的话。 | 6. describe...as... |
| 7. write down | 8. the statue of... |
| 9. grow up | 10. compare...with... |
| II . 1. setting | 2. to trade |
| 3. explorer | 4. development |
| 5. rose | 6. didn't leave |

III . 1. What do you think of English?

2. It's such an interesting subject that I like it very much.
3. It's too boring for me to learn.
4. It opened up a new world for me.
5. Of course! By the way, will you be kind enough to help me to improve them?

- IV . 1. The box is so heavy that I can't carry it.
2. The giraffe is tall enough to reach the leaves on the tree.
3. My little brother is too young to dress himself.
4. It's such an important exam that I must study for it very carefully.

能力提速

- | |
|---------------------------------------|
| I . 1. such a great(huge) achievement |
| 2. too old to learn |
| 3. too far away to hear |
| 4. old enough to choose |

5. were unknown to
 II. 1 - 5 DADBB 6 - 10 BDABC

Self Check

- I. 1. century 2. the most popular
 3. countries 4. businessmen
 5. trade 6. silk
 7. colored 8. introduced
 9. southern 10. spread

- II. 1 - 5 CAACD 6 - 10 DABAB

- III. 1 - 5 CABDC

- IV. 1. 75

2. fine art, tasty food and romantic scenery
 3. the famous painting *Mona Lisa*
 4. bread and snails
 5. crowded

- V. One possible version:

Travelling

Now more and more people like travelling around the world. Because that can make them relax. When it comes to the travelling ways, different people will offer different opinions. Some like to travel alone, but others like to travel with their friends or parents. I think travelling alone is good for enjoying more freedom. And I think travelling with people with the same interests can share something happy. As for me, I prefer to travel with friends rather than travel alone. Because we can deal with the possible problems and difficulties in the journey. If you would like to travel, I wish you a great trip!

Unit 2 Culture shock

Section A

轻松启航

- I. 1. camp 2. admit

3. schedule 4. culture
 5. idioms 6. everyday
 7. international

- II. 1. 设法完成某事

2. 以便于
 3. 参加
 4. 放烟花
 5. culture shock
 6. to a certain degree
 7. under the weather
 8. international exchange

- III. 1 - 5 CADDC

- IV. 1. To a certain degree 2. culture shock
 3. managed to 4. Anyway
 5. is strange to

能力提速

- I. 1. so that 2. unless
 3. although 4. If
 5. while/when 6. until
 7. so that

- II. 1. admit 2. uniforms/
 uniform
 3. education 4. especially
 5. national 6. enter
 7. vacation 8. idiom
 9. manage 10. talk

- III. 1. May I ask you some questions?
 2. For about two years.
 3. What are you going to do after finishing your study?
 4. And I want to do something for it.
 5. Wish you a nice future!

Section B

轻松启航

- I. 1. is different from 2. were divided into
 3. deal with 4. In our spare time
 5. failed to 6. were dressed as

7. places of interest 8. managed to
- II. 1. After class was over, we hurried to the hospital to see our teacher.
2. The box is so heavy that my brother can't lift it.
3. Bring it closer so that I may see it better.
4. Mr. White spoke slowly so that the students could understand him.
- III. 1. took part in
2. took off
3. as well as
4. learn to be independent
5. go on to study
- IV. 1. I've just come back from London.
2. I stayed there for about half a year.
3. Many customs are different from ours.
4. I couldn't understand much at first.
5. I lived with an English family.

能力提速

I. 1 - 5 ADBAC 6 - 10 CBCAD

II. 1 - 4 CBDD

Self Check

- I. 1. Your parents will be proud of you if you win the game.
2. You should be careful in snowy weather so that you will not fall over.
3. She stayed up late because she had to study for tests.
4. It has been a long time since we met last time.
5. You must look right and left before you cross the street.
- II. 1. got used to 2. failed
3. took part in 4. everyday English
5. in my spare time

III. 1 - 5 CCCDA

IV. Dear Michael,

I'm so excited to tell you that I will be an exchange student in your home country, America. However, I'm also a little worried. I'm afraid I can't get used to the life in your country. There are mainly two reasons. First, my English is not very good, especially my spoken English. I'm afraid that I can't communicate well with my host family. Second, American customs are different from those of my country. I'm worried that I can't behave well at table. I really need your help.

Thank you very much.

Looking forward to your reply.

Yours,

Li Lei

Unit 3 The environment

Section A

轻松启航

- I. 1. 温室效应 2. 导致
3. 大量的 4. make a difference
5. in danger

- II. 1. guess 2. atmosphere
3. temperature 4. flood
5. Coal

- III. 1. acted as 2. in danger
3. resulted in/led to 4. take action
5. good habit

- IV. 1. Do you shop online a lot?
2. What do you mean?
3. Anyway, we should do something.
4. We can make sure the used packages are recycled.
5. You are so clever and green.

能力提速

- I. 1. concern 2. lifeless

3. level 4. habits

5. purpose

II. 1 – 5 BCBDA

III. 1 – 5 CBABA 6 – 10 DCBCD

Section B

轻松启航

I. 1. 适当的回答

2. 中国政府

3. protect the environment

4. harmful gas/gases

5. the surface of the earth/ the earth's surface

II. 1 – 5 ABDCB

能力提速

I. 1. Mountains of

2. role model

3. solution

4. As a result of/Because of/Due to

5. proper time

II. 1 – 5 BCABD 6 – 10 CDADA

Self Check

I. 1 – 5 ACDAB

II. 1. his 2. home

3. regarded 4. kill

5. mouse's 6. jumped

7. best 8. caught

9. pulled 10. yourself

III. 1. go to school 2. (too much) noise

3. angry 4. put the adults to the bed

5. (is) interesting

IV. 1. What about you/ What club do you want to join

2. What is it/What is that/What is EP

3. What should we do? /What do you think we should do

4. Sounds great

5. Would you like to join me/Would you like to join the EP club with me

V. One possible version:

Air pollution is one of the major problems in the modern society.

As teenagers, we should try our best to help reduce air pollution. There are many things we can do. Firstly, we'd better go to school on foot or by bike. It is not only good for the environment, but also good for our health. Secondly, we mustn't litter everywhere. Thirdly, we should save energy like electricity. We must turn off the lights when we leave the classroom. Last, we should say no to fireworks. Because they are harmful to the environment.

As long as everyone takes action, we will make a big difference to the environment.

Unit 4 Natural disasters

Section A

轻松启航

I. 1. 自然灾害 2. 经过

3. sit around 4. stare at

5. in surprise

II. 1. line 2. badly

3. earthquake 4. deaf

5. noticed

III. 1. in surprise

2. worried about

3. stared at/ was staring at

4. falls on deaf ears

5. remained angry

IV. 1. Why?

2. Where did the fire happen?

3. How did the fire happen?

4. I don't understand how the fire took so many lives.

5. I think people should learn a lot from the accident.

能力提速

I . 1 - 5 BABBA

II . 1 - 5 CBCDA 6 - 10 DAABD

Section B

轻松启航

- | | |
|------------------------|----------------------|
| I . 1. 坚持 | 2. 救生包 |
| 3. prepare breakfast | 4. a missing child |
| 5. rebuild their homes | |
| II . 1. passed by | 2. for now |
| 3. sit around | 4. natural disasters |
| 5. stick with/keep | |
| III . 1. million | 2. animals |
| 3. highest | 4. kept |
| 5. found | 6. seriously |
| 7. tried | 8. worried |
| 9. farmer's | 10. waiting |

能力提速

- | | |
|----------------|------------|
| I . 1. objects | 2. boss |
| 3. tried | 4. screens |
| 5. immediately | |

II . 1 - 5 CBADB

Self Check

- | | |
|-------------------|-------------|
| I . 1. 一起交通事故 | 2. 保暖 |
| 3. forest fire | 4. dream of |
| 5. send an e-mail | |

II . 1 - 5 CACDC

III . 1 - 5 DCABC 6 - 10 ADBAC

- | | |
|---------------|-------------|
| IV . 1. quiet | 2. himself |
| 3. books | 4. worried |
| 5. found | 6. ideas |
| 7. broken | 8. happily |
| 9. sandwiches | 10. message |

V . One possible version :

Safety Comes First

Safety is the most important for us students. So what should we do to keep safe? Let me show you my ideas.

Firstly, we shouldn't play or push each other when we go downstairs. It's very dangerous. Secondly, we mustn't jump in an elevator or force the door open. If we do so, the elevator will break down. Thirdly, we can't run after each other in the hallways. You may knock others down. Besides, we must follow the traffic rules.

If you take my advice, you will stay away from danger.

Unit 5 Sport

Section A

轻松启航

- | | |
|-----------------------|------------------------|
| I . 1. 登记; 报到 | 2. 飞过 |
| 3. 渴望做某事 | 4. 互相 |
| 5. 说实在的 | 6. fall over |
| 7. for the first time | 8. keep one's balance |
| II . 1. announcement | 2. passport |
| 3. opposite | 4. gentle |
| 5. Canada | 6. the Pacific (Ocean) |
| 7. rope | 8. fee |

III . 1 - 6 BCDBDA

- | | |
|----------------------|---------------------|
| IV . 1. To be honest | 2. What a shame |
| 3. dying to | 4. keep his balance |

能力提速

I . 1 - 5 ADBBC

- | |
|--|
| II . 1. Where did you go/What did you do |
| 2. What kind of sport do you like in the Winter Olympics |
| 3. Can you skate |
| 4. Do you want to go with me |
| 5. What do we need |

- | | |
|----------------|-------------------|
| III . 1. leave | 2. have seen |
| 3. had seen | 4. thought |
| 5. belongs | 6. is spoken |
| 7. be kept | 8. is being built |

Section B

轻松启航

- I . 1. 建立 2. 在任何时候
3. 过得愉快 4. all over the world
5. begin with 6. take part in

II . 1. were very different from

2. One of the most exciting

3. built up

4. take part in

5. begins with

III . 1 - 5 CADBA 6 - 10 ACDBB

能力提速

I . ACB

II . 1 - 5 BACDB 6 - 10 ACBDC

III . will start; your; weeks; the; started; to ride;
so; hard;a; happily

Self Check

- I . 1. traffic 2. areas
3. live 4. noisy
5. parks 6. rest
7. really 8. were
9. clean 10. to work

II . 1 - 5 BCDA 6 - 10 CABAC

III . 1 - 5 DCABD

IV . 1. 9 hours

2. decrease stress; help people feel more relaxed

3. talk to his doctor

4. 60 minutes/one hour

5. Be active during the day. / Say goodnight to electronics. / Keep a sleep routine.

V . One possible version:

My Favorite Sport

Table tennis is my favorite sport. I play it twice a week. One is on Wednesday evening and the other is on Saturday morning. On Wednesday evening, I go with

my teacher, Mr. Wang. He teaches me how to play it better. On Saturday morning, I play it with my father.

Playing table tennis is very interesting.

I have a lot of happy memories of playing it, especially playing it with my father.

Playing table tennis makes me stronger than before and I also enjoy the time I spend with my father.

Unit 6 Caring for your health

Section A

轻松启航

I . 1. 关注

2. 过一种平衡的生活

3. 一种健康的生活方式

4. 感觉羞愧

5. 做一些令人高兴的事情

6. 遭受

7. deal with

8. guard against

9. cancel out

10. look on the bright side

II . 1. conduct 2. quarrel

3. pressure 4. focus

5. whether 6. risk

7. guarded

III . 1 - 5 AACCA

IV . 1. made a decision

2. has a great effect on

3. has to

4. whether I should

5. deal with

能力提速

I . 1 - 5 CBBBA 6 - 10 CABCB

II . 1. Experts say vegetables are good for health.

2. Many of us don't live a healthy lifestyle.
3. You're quite right.
4. What's it about?
5. I believe the experts' words.

Section B

轻松启航

- I . 1. 学着做;开始做
 2. 把……抛在后面
 3. 在一个私人的地方
 4. have been cancelled
 5. cheer...up
- II . 1. take a break 2. no longer
 3. go to a concert 4. have been cancelled
 5. musical instruments

III . 1 - 5 DBCBD 6 - 10 AABDB

能力提速

- I . 1 - 5 DBBCA
- II . 1. They always make me sleepy.
 2. I agree with you.
 3. I like dancing to and singing along with loud music.
 4. Why do you like it so much?
 5. Why not go to the CD shop?

Self Check

- I . 1 - 5 ADCAC 6 - 10 BDDBA
 11 - 15 BCDAD
- II . 1 - 5 ACBCD
- III . One possible version :

What Is a Healthy Lifestyle

What is a healthy lifestyle? Firstly, a healthy lifestyle is getting enough sleep every night. I think 9 - 10 hours' sleep is good for us. Secondly, a healthy lifestyle also means getting exercise every day. We can run, swim, play balls, ride our bikes or climb mountains. Find a sport that is right for you and do it often. What's more, a healthy eating habit is important for our health. We

should eat a healthy breakfast, have a wonderful lunch and have little for dinner every day. We also need to drink enough water and some milk every day.

Mid-term Exam

- I . A 1 - 5 BACCC 6 - 10 BCACD
 B 1 - 5 ADAAB 6 - 10 BADAD

II . 1 - 5 BAABA 6 - 10 ABABD
 11 - 15 BCACD

- III . 1. opened up 2. so; that
 3. To a certain degree 4. resulted in/led to
 5. fall on deaf ears

- IV . 1. flying 2. were
 3. worried 4. first
 5. lives 6. important
 7. left 8. young
 9. safety 10. jumped

- V . 1. by doing some chores
 2. On weekends
 3. they can only do easy chores
 4. work harder/wash the car, cut the grass or feed the dog
 5. something new

- VI . (A) 1. It was great.
 2. What places did you visit?
 3. Did you buy anything there?
 4. Yes, it did.
 5. I went to the Palace Museum.
 (B) 6. Will you tell me something about it?
 7. How long is it?
 8. How many stations does it have?
 9. It's very expensive.
 10. Can I take the subway to school now?

VII . One possible version :

Nowadays, many students can't make good use of their time and this has a bad influence on their study.

Two months ago, I was one of them who couldn't make good use of time. It was a weekend. After five days' school work, I felt very relaxed. On Saturday, I played computer games and on Sunday, I played football with my friends. "Don't worry. There is a long time to do the homework," I always thought. But very soon I found I had no time to do my homework.

To make good use of time, we should plan it carefully. First, we should prepare a weekly schedule. Record your daily classes and your homework. Second, we should prepare a Daily Organizer every evening before a school day. Place a tick next to each thing to do as you finish it.

In a word, time is flying! To use it correctly is to save it.

Final Exam

- I . A 1 - 5 BABCA 6 - 10 BBCBD
 B 1 - 5 BCBAD 6 - 10 BDCCD
- II . 1 - 5 ABABA 6 - 10 DACCB
 11 - 15 DADAB
- III . 1. announcement 2. immediately
 3. To be honest 4. whether
 5. deal with
- IV . 1. rode 2. flew
 3. first 4. taught
 5. your 6. Father's

7. things 8. prefer
 9. feel 10. computer
- V . 1. a lot of trouble
 2. telephoned her
 3. beside the telephone
 4. had bought all the things on the list
 5. they might be the causes of her skin trouble
- VI. (A) 1. What can I do?
 2. What's next?
 3. Don't take a bus or a taxi if you don't have to.
 4. We have to save water.
 5. My parents do most of the shopping.
 (B) 6. Where have you been
 7. How did you go there
 8. How long did it take you to get there
 9. So it is/That's right/You're right
 10. What can we do to help them

VII. One possible version:

I think it's very important for everyone to do sports. I like sports because they're not only good for my health but also good for my study. My favorite sport is swimming. Whenever I am free, I will have a swim with my friends or my parents in the swimming pool. After swimming, I usually feel happy and relaxed. What's more, I can put more energy into my study. So let's do sports and we will become stronger and stronger.

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